



2022 Summer Camp

SPINA BIFIDA & NEUROMUSCULAR DISORDERS, CRANIOFACIAL ANOMALIES, AND PHYSICAL DISABILITIES

► Who is this camper population?

- This camper population is made up of campers facing a variety of medical diagnoses affecting their ability to walk, care for themselves, or maybe even talk.
- Campers with spina bifida were born with differing defects in their spine that can affect their ability to feel things, walk, move or go to the bathroom.
- Campers with physical disabilities might include campers called “little people”, who are not very tall.
- Other campers might be missing arms, fingers, legs, or just not be able to move around like you and I do.

► How do I support my camper?

- Accept them for who they are.
- Some campers might need help with getting dressed, transferring out of bed into a wheelchair, or maybe need help going to the bathroom.
- Other campers might need someone to guide their hand since they can't see what's around them.
- Other times, you might be entertaining a camper in the bathroom during a medical procedure.



► How do I support my camper? (continued)

- Ensure things are within reach for our little people population. Utilize stepstools, handle extenders and booster seats.
- If your camper uses a device such as an iPad, power wheelchair or hearing aid, please ensure that those devices stay charged and available to the campers.
- Watch for pressure injuries. Since our camper population uses devices like braces or wheelchairs, sometimes these devices can rub and cause bruising or injuries. If you notice a camper developing a blister under their braces, let the nurse know. We can help pad braces and prevent further injury.

► What are these campers like?

- These campers are amazing!
- They have faced so many challenges, and they are brave and courageous.
- They want to make a friend, dance at the dance party, kiss a fish, and go swimming at the waterpark.

