

## ► Who is this camper population?

- These campers either have an oncology or sickle cell diagnosis.
- Campers diagnosed with sickle cell were born with blood cells that are misshapen and cause several medical conditions. The most prevalent condition is pain.
- Oncology diagnoses can be very diverse. Campers might be in remission from cancer, or might be in active chemo treatment.
- With both populations we want to keep everyone healthy, so make sure we wash our hands and get enough rest.

## ► How do I support my camper?

- We want to encourage LOTS of hydration this week. These campers will be much healthier if we keep them drinking lots and lots of water.
- We also want to make sure our campers with sickle cell stay warm (cold may cause them to have pain). Pack hoodies when hanging out in air-conditioned buildings, use the warming hut after getting out of the pool, and ask the Body Shop for heat packs if they complain of any discomfort.
- We're NOT going to be encouraging campers to kiss fish this week. Instead, as counselors, we'll be volunteering to kiss fish.
- We also want to encourage sunscreen. These campers might be on medicines that make them very sensitive to the sun, and they can burn very easily.
- These campers might be easily fatigued. If they are acting tired, the Body Shop is a great place to rest and recharge.



## ► What are these campers like?

- These campers are sassy and energetic!
- They will definitely have the best dance moves and know the words to all the songs.
- Some of them might be looking to make a friend after having spent most of their year in the hospital.

