



► **Who is this camper population?**

- This camper population is made up of three different disease groups.
- Campers with heart conditions might sport some scars on their chest from former surgeries, they might tire easily, and they might need to come to the Body Shop to have their blood pressure checked.
- Campers with lung conditions might be wearing oxygen, they might need to have breathing treatments during the day, and they might need to be extra careful when going to places like the horse barn.
- Campers with kidney conditions might either be limited on their water, or have to drink a lot of water. They might need to go to the bathroom frequently, they probably will need a low-sodium diet, and they might be coming to the Body Shop during the week for a medical procedure called dialysis.

► **How do I support my camper?**

- Engage with your campers, and make sure that they are getting adequate rest throughout the week.
- Since this is low-sodium week at camp, the food might taste different, but we want to make sure our campers are eating enough.



► How do I support my camper? (continued)

- Please make sure that campers and nurses are connecting when it's time for medications. Many campers need their medications at very specific times, and your nurse will try and get to you and your camper at those times.
- These campers might be easily fatigued. If they are acting tired, the Body Shop is a great place to rest and recharge.

► What are these campers like?

- These campers are the best card players, joke tellers, and all-around fun people.
- They have spent a lot of their lives visiting doctor offices and hospitals, and they are very excited to be at a place where they just get to have fun.

