

# 2022 Summer Camp

## BLEEDING and GASTROINTESTINAL DISORDERS

### ► Who is this camper population?

- This camper population is made up of two different disease groups.
- **Bleeding:** These campers were born with differing diagnoses that affect the way they stop bleeding.

These campers might have mild diagnoses that cause them to bruise easily, moderate diagnoses that require them to have meds for injury, or severe diagnoses that require them to have daily or every-other-day medications to prevent them from bleeding.

Campers who are in our bleeding population who are injured (both small and large injuries) will need to have a nurse assess them right away for medical care.

- **Gastrointestinal:** These campers might have several different diagnoses, affecting how they eat and how often they go to the bathroom. These diagnoses sometimes cause them to have severe abdominal pain.

### ► How do I support my camper?

- This is a week when we do NOT allow any contact sports or rough housing among our campers. We want to be proactive and prevent any injuries.
- If your camper has to come to the Body Shop for their bleeding medication, it will be first thing in the morning. Please make sure that they are on time to get their medicine.
- If your camper has a food allergy, please be very careful at mealtimes that they don't receive any food that could cause an allergic reaction. This means don't share serving utensils - use one serving utensil per dish to avoid cross contamination.



## ► How do I support my camper? (continued)

- Some campers might need to go to the bathroom frequently. We want to be sensitive about this and ensure that they get to the bathroom when they say they need to go.
- Some of our campers will get their nutrition through a feeding tube in their stomach. This might be the ONLY way these campers eat, or it might be for extra nutrition in addition to what they eat. These G-tube feeds can happen overnight, or happen intermittently throughout the day.

## ► What are these campers like?

- They are kids who maybe can't eat the same foods as their peers, or can't participate in sports like basketball or football due to their illness, but they know all the sport facts - just ask them about their favorite sport player.
- They are smart, funny, silly, and have better dance moves than you've ever seen.
- They've also been incredibly brave in their lifetime, as they have been to countless doctors and hospitals for scary medical procedures.
- Needles may be a part of their daily life, and that's their "normal".
- They are so excited to get to come to camp, hang out with other campers like them and make great memories!

