Hello everyone! Welcome to Operation: Let’s Play. I hope you are ready to laugh and play with us today as we do our best to Go for the Gold this week. This week’s activity is a pool noodle toss to show off your ability to hit a target just like so many Olympians. I hope you are ready to give it your best throw.

Safety Tips

While playing this game please make sure that the direction you are throwing is clear of anything that might break. Also, don’t forget to ask permission before you set this up inside your home.

Categories you could use:
- Pool Noodle
- Hula Hoop
- Tape
- String or yarn

The Set-Up

To set this game up you will need to find an open door way or a branch outside that you can tie the hula hoop up to. If you are playing inside make sure to choose a doorway that doesn’t have anything behind it. You will also likely need the tape to hold the string up. Once you have your hula hoop or other targets hanging it’s time to test your skills. To set up the second game shown in the video you will cut holes into pieces of paper and then hang them from a door way using the string and tape.
Let’s Play!

To play all you need to do is step back and give it your best shot. If it is proving to challenging or easy from your distance than you can either move closer or further away. If you are wanting to make it competitive you can assign scores to multiple targets and see who can get more points.

Challenges:

Here are a few ways that you can make this game more challenging:

- Move your throw line back and make your shots from further away.
- Change what you are tossing or what your target is.