DIY GOLD MEDAL

For our eighth and final week here at camp, we're going for the gold! Gold has been around for centuries and we often associate it with achievement, honor, and success. We look up to athletes who receive gold medals, actors who earn gold trophies, and maybe even people we know who wear gold jewelry. But not all that glitters is gold. Did you know when athletes receive “gold” medals at the Olympics, 92.5% of the medal is actually silver! Regardless of what your medal is made of, the value is within the person who wears it around their neck. Whether it be silver, gold, or a recycled container lid, let’s go for the proverbial gold today by making some medals of our own for the special people in our lives.

Below you will see a list of suggested materials, but please get creative and use what you have on hand at home! There is no single way to do this craft!

**Materials:**
- Something round (or not!) to make your medal (Ex: recycled container lids, paper plate, construction paper, etc.)
- Ribbon, yarn, or string
- Markers
- Adhesive (glue, tape, etc.)
- Scissors*

*Adult supervision advised

Join us from home!

Follow along with us this summer on social media @victoryjunction

Share photos and videos of your camp cheers, dance moves, games and crafts, using the hashtag #VJatHome
Let's get Started!

Step 1
Take the material you choose to use for the medal and decorate it however you like. For example, you may take a paper plate and decorate it to say “World's Greatest Sister” if you are making a medal for your sister. Feel free to add words, pictures, and designs however you’d like.

Step 2
Attach ribbon, yard, or string to your medal so that it is long enough to fit around the neck of the person you are making it for. Attach the string by using adhesive, like glue or tape.

Step 3
Present the medal to the recipient and tell them why they are receiving the medal! You may also use this opportunity to give the recipient some warm and fuzzies.

BONUS IDEA
Host an “End of Summer Awards Ceremony” with your family and friends! Present your DIY medals to one another and share what you like about each person.

Victory Junction @ Home
All finished? We want to see it! Share your mix with us @victoryjunction or by using the hashtag #VJatHome