



Hello everyone! **Welcome to Operation: Let's Play.** I hope you are ready to laugh and play with us this week as we take on how you can **bowl from your own home.** Today we will walk through how you can **set up your own bowling lane** in your living room, hallway, or wherever you are and give it your **best shot.** I hope you're ready for this. **Let's Play!**

Safety Tips

- ▶ Have **plenty of room** to play so that you won't break anything when you bowl
- ▶ Keep your rolls **under control**
- ▶ **Clear items** that could be breakable out of the path you are playing

Materials

- ▶ A kickball
- ▶ Ten 2 liter bottles

Alternative Materials

Here are a few materials you could use instead if you **don't have** a kickball and 2 liter bottles around your house. Remember to keep things in **proportion.** So, if you use 8oz bottles as your pins try using a tennis ball or whiffle ball to knock them over instead of using the kickball.



- ▶ A Ball
A soccer ball, volley ball, a tennis ball, a whiffle ball, etc.
- ▶ 2 Liter Bottles
A set of bowling pins, 16oz/8oz bottles, plastic cups, etc.

Let's Play **TOGETHER!**

Follow along with us this summer on social media! @victoryjunction



Share photos and videos of your camp cheers, dance moves, games and crafts, using the hashtag #VJatHome





Let's Play!

To set up your bowling lane you will need a space that you can stand **at least ten feet away** from the pins and have a clear floor directly to the pins. Next you will want to make sure there is **nothing in the area that might break** if the ball were to hit it. You can then set your pins up in the **bowling triangle**. If you are using the 2 liter bottles, I suggest **flipping them** so that they are standing on their caps. You are now ready to give it your **best**.

Challenges:

Once you have taken on the first round of bowling that you have set up you can try to take on some of these **challenges**.

- ▶ Roll from **farther away**
- ▶ Put a little bit of **sand or water into the bottles** to make them harder to knock over
- ▶ Play **against someone** in an actual game of bowling
- ▶ Play a game of trying to **knock down specific pins**
- ▶ Try out **different items** as your pins
- ▶ Try moving **outdoors** and seeing how it works **bowling in the grass**

