Hello everyone! Welcome to Operation: Let's Play. I hope you are ready to laugh and play with us this week as we take on how you can bowl from your own home. Today we will walk through how you can set up your own bowling lane in your living room, hallway, or wherever you are and give it your best shot. I hope you’re ready for this. Let’s Play!

Safety Tips

► Have plenty of room to play so that you won’t break anything when you bowl
► Keep your rolls under control
► Clear items that could be breakable out of the path you are playing

Materials

► A kickball
► Ten 2 litter bottles

Alternative Materials

Here are a few materials you could use instead if you don’t have a kickball and 2 litter bottles around your house. Remember to keep things in proportion. So, if you use 8oz bottles as your pins try using a tennis ball or whiffle ball to knock them over instead of using the kickball.

► A Ball
  ☑ A soccer ball, volley ball, a tennis ball, a whiffle ball, etc.
► 2 Liter Bottles
  ☑ A set of bowling pins, 16oz/8oz bottles, plastic cups, etc.
Let’s Play!
To set up your bowling lane you will need a space that you can stand at least ten feet away from the pins and have a clear floor directly to the pins. Next you will want to make sure there is nothing in the area that might break if the ball were to hit it. You can then set your pins up in the bowling triangle. If you are using the 2 litter bottles, I suggest flipping them so that they are standing on their caps. You are now ready to give it your best.

Challenges:
Once you have taken on the first round of bowling that you have set up you can try to take on some of these challenges.

- Roll from farther away
- Put a little bit of sand or water into the bottles to make them harder to knock over
- Play against someone in an actual game of bowling
- Play a game of trying to knock down specific pins
- Try out different items as your pins
- Try moving outdoors and seeing how it works bowling in the grass