

- **7-10 Tshirts:** Tank tops, halter tops, under shirts, and low cut tops are not permitted. Shirts must be worn at all times and must cover midriff. Clothing with alcohol, tobacco or drug logos or inappropriate adult themes are not permitted.
- **5-7 Shorts:** Shorts and skirts must be of appropriate length. One pair of back or khaki to wear on Sunday. Gym shorts are fine if they are long enough. If you have to ask if they are appropriate they probably are not.
- **Socks and Underwear:** Pack plenty!
- **Appropriate pajamas**
- **Sweatshirt or light weight jacket**
- **1 Swimsuit:** Must be one-piece for females or tankini (as long as it covers midriff and is modest. Males need swim trunks. Speedos are not allowed.
- **Closed-toe Shoes:** Shoes are required in program areas (no crocs). Wear comfortable shoes as you will be doing a lot of walking! You can bring sandals or other shoes for pool time.
- **1 Raincoat**
- **Toiletries:** Shampoo, soap, toothbrush, hairdryer and any other personal hygiene products.
- **Towel and washcloth.** Sheets are provided.
- **Your own medications (if you are living in a cabin they will be stored in a locker in the fuel stop, controlled substances will need to be kept in the pharmacy).**
- **Hat, Camera (you will not be able to use your phone to take pictures), Water bottle, watch, sunglasses, sunscreen, bug spray (non-aerosol). Shower shoes, bookbag if desired.**
- **Theme, unit color attire or accessories and wacky tacky clothing**

## Please note

- Cell service is limited. We ask that you do not use cell phones around campers. Keeping in your room is fine.
- Blankets, pillows and sheets will be provided.
- Leave valuables and pets at home.
- You can bring snacks but they must be nut free and can not be given to campers.