



WELCOME TO 2019 SUMMER CAMP

Unit Nurses

Brittany Coon • Pat Binns • Abbie Goodman
Jacqueline Scott • Kari Overstreet • Kaitlin Campbell

Night Shift Nurse • Casey Kalica

- ▶ We allow campers to keep “rescue meds” on them or a counselor with them as long as the meds are clearly labelled with camper’s name, cabin, and color. Rescue meds include: EpiPens, anti-epileptic (Diasat), Albuterol inhaler, or Benadryl (in extreme cases).
- ▶ Campers receiving scheduled home meds will have those meds poured and double checked on Sunday, meds will be administered by medical personnel and documented via Campsite throughout the week, mostly at meal times; Practice 5 rights of administration with every med delivery.
- ▶ PRNs: many of our campers will become fatigued/sore throughout the week. If a camper asks for pain medication for HA or other muscle/joint pains, and they have a PRN on their MAR, go ahead and administer and document in Campsite.
- ▶ If a camper asks for a PRN, and they do NOT have anything listed on their MAR, first assess their forbidden OTCs and allergies; Notify Unit nurse, Medical Director, or Nursing Director of intervention, and create log.
- ▶ During this week, we encourage you to be present with your campers for high-risk activities (i.e. barn, waterpark, zip line, tower, etc).
- ▶ Use GENERAL precautions (gloves for anything that is bodily substances).
- ▶ Please be at the Body Shop 10-15 minutes before meals to gather up medications, iPads, and supplies for mealtime med pass.
- ▶ When you head to bed for the night, please check in with your Unit Nurse, just so we can say ,“Thank you and goodnight.” ;)



MUSCULAR DYSTROPHY

- ▶ Monitor for skin breakdown or pressure injuries. These campers might have a variety of assistive devices (AFOs, walkers, wheelchairs). The increased activity at camp can put our campers at increased risk for skin injury/breakdown.
- ▶ Campers should wear socks in the pool to prevent foot injury due to decreased sensation.
- ▶ Many campers find the walking on camp to be extremely tiring. There are extra wheelchairs and wagons in the Body Shop. However, we have a limited supply, so encourage campers to use them only on as-needed basis.
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- ▶ If a camper asks for a PRN and they do NOT have anything listed on their MAR, first assess their forbidden OTCs and allergies. Notify Unit Nurse, Medical Director, or Nursing Director of intervention and create log.
- ▶ During this week, we encourage you to be present with your campers for high-risk activities (i.e. barn, waterpark, zip line, tower, etc).
- ▶ Many of our older campers will need assistive devices such as lifts, wheelchairs, shower chairs, etc. The counselors are trained to operate these devices.

