



# WELCOME TO 2019 SUMMER CAMP

## Unit Nurses

Brittany Coon • Pat Binns • Abbie Goodman  
Jacqueline Scott • Kari Overstreet • Kaitlin Campbell

**Night Shift Nurse** • Casey Kalica

- ▶ We allow campers to keep “rescue meds” on them or a counselor with them as long as the meds are clearly labelled with camper’s name, cabin, and color. Rescue meds include: EpiPens, anti-epileptic (Diasat), Albuterol inhaler, or Benadryl (in extreme cases).
- ▶ Campers receiving scheduled home meds will have those meds poured and double checked on Sunday, meds will be administered by medical personnel and documented via Campsite throughout the week, mostly at meal times; Practice 5 rights of administration with every med delivery.
- ▶ PRNs: many of our campers will become fatigued/sore throughout the week. If a camper asks for pain medication for HA or other muscle/joint pains, and they have a PRN on their MAR, go ahead and administer and document in Campsite.
- ▶ If a camper asks for a PRN, and they do NOT have anything listed on their MAR, first assess their forbidden OTCs and allergies; Notify Unit nurse, Medical Director, or Nursing Director of intervention, and create log.
- ▶ During this week, we encourage you to be present with your campers for high-risk activities (i.e. barn, waterpark, zip line, tower, etc).
- ▶ Use GENERAL precautions (gloves for anything that is bodily substances).
- ▶ Please be at the Body Shop 10-15 minutes before meals to gather up medications, iPads, and supplies for mealtime med pass.
- ▶ When you head to bed for the night, please check in with your Unit Nurse, just so we can say ,“Thank you and goodnight.” ;)



# SICKLE CELL/CANCER

## ▶ Sickle Cell

- ▶ Mike Kent, MD, is our hematology expert, so please utilize him for any medical concerns.
- ▶ When you check campers in, make sure to ask about their pain regiment:
  - Where they hurt, when they hurt, and what their triggers are
  - What is their pain regiment? (1st, 2nd, and 3rd line treatments)
  - If they did not pack pain medications, ask if they take Ibuprofen or Tylenol and what doses they would take in the event of pain (put this in their MAR or in a Note)
- ▶ We'll have a "pain board" in the Body Shop:
  - When you give a PRN for pain medication, please put the camper's initials, cabin, medication, and time on the board as this will help us monitor campers who might need additional treatments
- ▶ Please check for a fever with any reports of chest pain or shortness of breath.
- ▶ Encourage LOTS of hydration!!
- ▶ Our standard is to treat pain with oral medications, (we will escalate to oral Morphine or Norco if a camper brought it to camp). However, if a camper's pain is not well controlled with the pain regiment provided, please have a conversation with Dr Kent, Courtney, and your Unit Nurse regarding the camper's needs and next steps.
- ▶ Your counselors should be aware that these campers do not respond well to cold, so the pool will be warmer and the AC will be less cool. You can utilize blankets in the cabins or any program areas for campers who complain of being cold.
- ▶ Hot chocolate solves a LOT of problems. :)
- ▶ If a camper asks for a heat pack, we have plug-in heat packs, and we encourage using these. Have counselors bring them with them for campers who are hurting.
- ▶ Utilize disposable heat packs for intermittent pain.
- ▶ No kissing fish for any immunocompromised or transplanted children.

## ▶ Cancer

- ▶ If a camper is on any type of oral chemo, please double-glove when handling medications for med pour or medication administration.
- ▶ Report any fever to Mike Kent or Courtney Gardner immediately.
- ▶ No kissing fish for any immunocompromised or transplanted children.

