



WELCOME TO 2019 SUMMER CAMP

Unit Nurses

Brittany Coon • Pat Binns • Abbie Goodman
Jacqueline Scott • Kari Overstreet • Kaitlin Campbell

Night Shift Nurse • Casey Kalica

- ▶ We allow campers to keep “rescue meds” on them or a counselor with them as long as the meds are clearly labelled with camper’s name, cabin, and color. Rescue meds include: EpiPens, anti-epileptic (Diasat), Albuterol inhaler, or Benadryl (in extreme cases).
- ▶ Campers receiving scheduled home meds will have those meds poured and double checked on Sunday, meds will be administered by medical personnel and documented via Campsite throughout the week, mostly at meal times; Practice 5 rights of administration with every med delivery.
- ▶ PRNs: many of our campers will become fatigued/sore throughout the week. If a camper asks for pain medication for HA or other muscle/joint pains, and they have a PRN on their MAR, go ahead and administer and document in Campsite.
- ▶ If a camper asks for a PRN, and they do NOT have anything listed on their MAR, first assess their forbidden OTCs and allergies; Notify Unit nurse, Medical Director, or Nursing Director of intervention, and create log.
- ▶ During this week, we encourage you to be present with your campers for high-risk activities (i.e. barn, waterpark, zip line, tower, etc).
- ▶ Use GENERAL precautions (gloves for anything that is bodily substances).
- ▶ Please be at the Body Shop 10-15 minutes before meals to gather up medications, iPads, and supplies for mealtime med pass.
- ▶ When you head to bed for the night, please check in with your Unit Nurse, just so we can say ,“Thank you and goodnight.” ;)



Bleeding Disorders/ GI Disorders

▶ Bleeding

- ▶ Anita Smith, PNP, is our hematologic expert. Please defer all treatment questions to her.
- ▶ Campers will have scheduled transfusions (ALWAYS done in the morning) through either a PIV, port, or Broviac.
- ▶ We'll create a weekly schedule on the board, and campers will come to the Body Shop based on their color.
- ▶ When you put their factor (infusions) in the MAR, please note if they will need EMLA cream before they stick.
- ▶ Please be at the Body Shop when your campers show up. Anita Smith will have everything organized, and you'll just monitor and assist based on your comfort level/skill set.
- ▶ Factor infusions have a paper MAR, and we save the sticker off their factor bottles to document (a lot like flu shots).
- ▶ If a camper with a bleeding disorder has any type of injury at camp, that camper will be evaluated by Anita for a potential PRN treatment.
- ▶ If a camper with a bleeding disorder has a bloody nose, please notify Anita. We'll begin a series of treatments based on her recommendations.
- ▶ No camper with a bleeding disorder should receive any type of NSAID.
- ▶ Feel free to veto any activity that potentially could have a camper receiving an injury. (i.e. dodgeball)

▶ GI Disorders

- ▶ If a camper has an overnight tube feed, or bolus feeds all supplies can be kept in the cabin or Body Shop, whichever is most convenient.
- ▶ Assess g-tube site for skin breakdown at check-in.
- ▶ For water flushes, tap water may be used unless camper family provides sterile water.



▶ GI Disorders (cont.)

- ▶ RNs must initiate all tube feeds, but counselors can be trained to do bolus feeds as well as disconnect g-tube extensions from campers (please monitor the first time this happens to ensure counselor competence).
- ▶ The NUT team manages all dietary allergies/restrictions (i.e. gluten free, pureed diet, Lactose intolerance, etc), please defer all dietary questions to them. If there is any confusion, please ask Emily, Courtney, or your Unit Nurse to call the family for clarification.
- ▶ Campers can swim with g-tubes without any covering in place.
- ▶ Campers can swim with their ostomy as long as the site has a good seal and is intact.
- ▶ Campers with a cecostomy or other bowel stoma may swim without any covering unless indicated by parent.
- ▶ Campers on TPN or IV hydration infusions with CVL may NOT swim, unless indicated by parent. If they do swim, CVL dressing must be changed immediately following the pool turn.
- ▶ If your camper has a bowel routine (Peristeen, cone enema, flush, etc) we try and do these at recharge as it makes evening routines much smoother and promotes an earlier bedtime.



CYSTIC FIBROSIS

- ▶ There will only be one camper with cystic fibrosis/week (unless said campers are siblings sharing the same diagnosis).
- ▶ These campers will have breathing treatments 1-3x/day.
- ▶ These breathing treatments can be done in the cabin or Body Shop.
- ▶ At check-in ask parents for a detailed description of their breathing treatment schedule.
- ▶ (i.e 1st Albuterol, 2nd pulmozyme (only in AM), 3rd 3% NaCl, use vest for 30 min in AM/PM).
- ▶ These campers have high caloric needs and should have access to snacks and be encouraged to eat food.
- ▶ They will need medications with all food intake (meals and snacks).

